



cairnshandclinic

HAND THERAPY

REFERRAL TO HAND THERAPY

Your surgeon, Dr Sarah Coll has requested Hand Therapy following your upcoming surgery to assist you in your recovery. Please find some important information about Cairns Hand Clinic & our Hand Therapy services below.

ABOUT HAND THERAPY

Hand Therapy is an Allied Health service, provided by Occupational Therapists and Physiotherapists with special knowledge and skills in the treatment of hand, wrist and elbow conditions. We provide a range of services including wound care, splinting and exercise programs. For more information regarding our clinic and team please visit our website - www.cairnshandclinic.com.au.

HAND THERAPY APPOINTMENTS

If you consent to Hand Therapy, your first Hand Therapy appointment will typically be 1-2 days following your operation. Please call us to pre-book your first Hand Therapy appointment.

If you're staying overnight at Cairns Private Hospital you can expect to be discharged around 10:30am the day after your operation. We can see you on the same day promptly after your discharge if that suits you but you may prefer to head straight home and see us the following day. We prioritize bookings for post surgery patients and will do our best to find a day / time that suits your particular needs. Please arrive 5 minutes prior to your appointment and allow 45-60 minutes with your Therapist.

You can expect Hand Therapy appointments twice a week until 2 weeks post op. Beyond this we typically see patients weekly or fortnightly until 6-12 weeks post op however therapy programs are tailored to your particular needs.

HAND THERAPY FEES - FOR PRIVATE PATIENTS

Please be aware that whilst our team work closely with Dr Coll, our service is a separate private practice attracting fees as outlined below.

First Appointment \$135

Follow Up Appointments \$99

Please note custom made splints, braces and specialty bandages / dressings attract an additional fee.

HAND THERAPY REBATES - PRIVATE HEALTH INSURANCE

Hand Therapy fees for private patients are payable on the day of your appointment. If you have private health insurance cover for Physiotherapy or Occupational Therapy we can assist you with HICAPS on the spot claiming. Please remember to bring your private health insurance card and check if you are covered for OT/PT.

HAND THERAPY REBATES - MEDICARE

Medicare rebates are available for up to 5 Hand Therapy visits for patients with chronic conditions (longer than 6 months duration) under a GP Chronic Disease Management Plan. This can assist greatly with the costs of post op hand therapy. If you would like to find out more about this program please speak with your GP. If you are eligible your GP will arrange a referral to Hand Therapy (OT/PT).

THIRD PARTY INSURANCE - WORK COVER & DVA

If you have an approved WorkCover claim please provide your claim number to us and we can direct invoices to your insurer. You will also need to show a current medical certificate covering you for the period of your treatment.

If you are a DVA card holder please bring your card with you to your appointment.

CONSENT FOR HAND THERAPY

Our team will send you a consent form at the time of booking your first Hand Therapy appointment. Please let us know if you consent to Hand Therapy and if you have any special needs. If you have any questions regarding your Hand Therapy please do not hesitate to contact us.

CONTACT US

CAIRNS HAND CLINIC

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